

## SPECIAL POINTS OF INTEREST:

- **Happy Mother's Day!**  
May 9th
- **Big Green Clean @ the Kenora Rec Centre**  
May 16th
- **Be a Tourist in your Town!**  
May 15th
- **Victoria Day!**  
May 24th
- **Car Hop Days @ A&W 4-9pm**  
May 26th

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## Celebrate Summer on July Long Weekend!

### Article by

### Lindsay Mulash

Thursday July 1<sup>st</sup> is when this year's Canada Day celebrations will commence! Canada Day Celebrations take place throughout all of the communities on Lake of the Woods. In Kenora, the Canada Day Celebrations will be at Beatty Park in Keewatin! Take part in some of the events like the Ottawa St. Soap Box Derby, artisan's market, parade, children's activities, and much more! End the day by watching a wonderful fireworks display! Bring some bug spray, and a chair or a blanket for added comfort!

On Canada Day, the Mather Walls House will be hosting their annual Strawberry Social! Celebrate the Canada

Day Celebrations at this heritage building from 2-4pm. The Mather Walls House conducts tours and socials throughout the summer months.

The Kenora Golf & Country Club, located on Golf Course Road, off Miikana Way, will also be hosting a Canada Day Fun Event!

Celebrate Summer on Friday July 2<sup>nd</sup>, as the Winnipeg Symphony Orchestra will be performing under the Harbourfront tent! The Winnipeg Symphony Orchestra is from Winnipeg, Manitoba, and is com-

posed of incredibly talented musicians. Be sure to be at the Harbourfront at 7:30pm to enjoy this amazing performance! There will be limited seating available; admission by donation.

The celebrations continue on Saturday, July 3<sup>rd</sup>! Celebrate Summer at the Kenora Harbourfront on this day, and you can also take part in celebrating National Aboriginal Solidarity Day! There will be an artisan's market and lots of entertainment throughout the day. Juno award winning Digging Roots will also be performing!

Also on Saturday, A&W will be having a Car Hop Day! Enjoy this service from 4-9pm!



## Fun just outside your door!

### Article by

### Kendall Erickson

Looking for something a little more adventurous during your stay in the beautiful city of Kenora? The fun is just a step outside your door! There are several parks and playgrounds located all throughout the City for fami-

lies and children to use and enjoy. Too tame for you? Try your hand at rock climbing or hit the lake for a long canoe or kayak adventure!

Lake of the Woods is the perfect place to go for a dip to escape the heat, and with all of the local beaches in both Keewatin and Kenora,

finding your paradise is as easy as catching a fish!

Young or old, there is something fun and exciting for everyone to do in the great outdoors and in the heart of the City of Kenora! See you at the lake!

A great way to have good times with friends!



The Best way to get "Up Close and Personal" with Lake of the Woods! !

## Head on out for a Hike!

**Article by**

**Lindsay Mulash**

Kenora provides many opportunities to explore what the great outdoors has to offer! A great way to get some exercise while exploring the area's natural beauty is by taking a day to go hiking! Kenora offers a variety of different trails in and around the Kenora area, and each of them are unique and beautiful!

The Rat Portage Urban Trail is great for walking

in Kenora's downtown centre! Follow the sidewalks along the Harbourfront and McLeod Park, and then to Anicinabe Park; the latest addition to this trail network will take you along the south side of the Laurenson Creek from the Kenora Recreation Centre.

The Rabbit Lake trail system is in the Jaffray Melick area. The Rabbit Lake Trail system offers a scenic walk or hike through the southern shores of Rabbit Lake. Feeder

trails are along the way which provides access to residential areas. Close to the trail system is Garrow Park, which offers parking, picnic areas, playgrounds, tennis courts, and a beach!

The Vernon Nature Area trails offer hiking and walking trails, and off-road cycling; during the winter season you can enjoy cross-country skiing and snowshoeing.

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## Camping in Kenora

**Article by**

**Lindsay Mulash**

It's getting close to that time of year when we can start to enjoy some warmer weather! Camping is definitely a favourite past time in Kenora. Camping in North-western Ontario truly is an amazing and unique experience to remember!

Kenora has a variety of campgrounds to offer,

for campers who like to tent, or for those who choose to use a trailer or an RV!

Rushing River Provincial Park is well known for its 'rushing' rapids and beautiful campground. There are 216 campsites available in total, and both electrical and non-electrical sites are available. Enjoy the summer fun swimming, kayaking, canoeing, or even rent a water-

bike! Guided walks for trails, outdoor amphitheatre programs and special events are all planned throughout the summer. Rushing River will be open for camping from May 21<sup>st</sup> until September 19<sup>th</sup> this year.

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## The Best Places to go Canoeing!

**Article by**

**Kendall Erickson**

Kenora is filled with many different Canoe Routes! Some are simple and easy to enjoy, while some are much more difficult, looking a lot like a maze!

Are you looking to

see a number of different lakes? The Rushing River-Sioux Narrows Loop may be the perfect canoe route for you! This famous route takes you through Highwind, Dryberry Lake, LOTW, Blindfold Lake and all the way back to the Park!

Whether you're

hoping to partake in a canoeing adventure of 2 weeks, 2 days, or just an afternoon paddling about, Kenora's Canoe routes are perfect for anyone up for a little bit of adventure!! Don't forget you're paddle and life jacket!

# Lake of the Woods Museum

**Article by  
Kendall Erickson**

Dive into Kenora’s rich history and heritage at the Kenora Lake of the Woods Museum!

The Kenora Museum was established in 1964 and is one of the finest small museums in Canada! Its goal is to teach and share information about Kenora and our town’s rich history! Their motto being “to contribute to a smaller community by inspiring a passion for

our history, diversity, and pride in our heritage.”

The Museum isn’t just your regular old “run of the mill” kind of place. It offers a number of interesting exhibits and shows all through out the year for people of all ages! Currently running through the month of May is the “Family Treasures Exhibit.” This being an exhibit created for citizens, locals and tourists, for them and by them!

Whether you are just stopping in for a day, or staying

for a month. The Kenora Museum is a must see attraction in Kenora for every one of all ages!!

For information on hours of operation, please contact Tourism Kenora at 807-467-4637.



## Camping—Continued

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Longbow Lake Camp & Trailer Park is located 14 kilometres east of Kenora, on Highway 17 East. Longbow Lake Campground is on beautiful Longbow Lake, which is connected to Lake of the Woods. They have amenities for tents, trailers, and RVs, as well as a variety of other services. Visit

[www.longbowlakecamp.com](http://www.longbowlakecamp.com) for a complete list of services they provide!

Reddens Camp is also located on Longbow Lake, just 14 kilometres east of Kenora on Highway 17 East. Reddens Camp has accommodations to suit the needs for tents, trailers, and RVs; boat rentals, gas station, liquor store, and more is also available at Reddens Camp!

For even more campgrounds in Kenora and all around Northwestern Ontario, please contact Tourism Kenora at (807) 467-4637!

**Camping! Even better than a luxury hotel! !**

# Green Adventures Paddle Camps

**Article by  
Lindsay Mulash**

Getting out on the lake to canoe or kayak truly is an amazing experience. Canoeing or kayaking is a great way to enjoy the beautiful scenery in the Kenora area; it’s also a great way to get some exercise while escaping from our busy daily lives. If you’re planning a visit to Kenora and would

like to give it a try, you are in for a treat!

Green Adventures is providing canoe and kayak courses this summer! These courses will teach you the basics, or you can hone your skills. The first paddle camp will take place on May 21<sup>st</sup> to 24<sup>th</sup> at Shoal Lake. Throughout the summer, they will also be offering other canoe and kayak camps, introductory rock climbing courses,

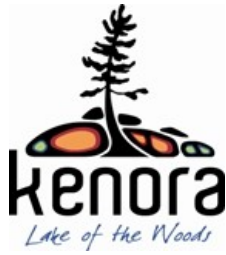
and other trips.

All Green Adventure guides have CPR training, and keep up to date with current wilderness first aid training. Green Adventures is determined to provide a safe and fun learning environment for everybody.

Interested? Visit [www.greenadventures.ca](http://www.greenadventures.ca) for more information on these

paddle camps, as well as the other services provided by Green Adventures!

**Learn how to Kayak and Canoe this summer!**



## Tourism Kenora

1500 Highway 17 East

Kenora

Ontario

P9N 1M3

Toll-free: 1-800-535-4549

Local Phone: (807) 467-4637

Fax: (807) 467-4644

E-mail: [tourism@kenora.ca](mailto:tourism@kenora.ca)

## A Natural Attraction

## Jam Night at Anicinabe Park!

Every Wednesday evening at 8:00pm, come with your family and friends to enjoy good music, and a friendly and fun atmosphere!

For the month of May, Jam Night will be held at The Cornerstone. During the summer, (June, July and August) Jam Night will be at Anicinabe Park!

Everyone of all ages and talent is encouraged to play at Jam Night! Bring your instrument of choice, or your voice and have some fun!



## Hiking Trails—Continued

### Continued from page 2

The Vernon Nature Area is a unique trail system to visit, because it is situated where the Canadian Shield meets the Boreal Forest in Ontario. These trails include three diverse ecosystems that are found within Canada, and each trail allows you to see the different plants and flora that reside within each. Parking and picnic areas are available, and located along the trails are scenic outlooks of beautiful Lake of the Woods!

The Kenora Nordic Trails are located at Mt. Evergreen Ski Hill. Experience the beautiful Boreal Forest through these grassy and rocky trails which are suitable for hiking during the spring, summer and fall. In the winter season, they offer cross-country skiing, downhill skiing, and snowboarding. The Kenora Nordic trails are suitable for all skill levels, from beginner to expert.

Rushing River Provincial Park is just a 20 minute from Kenora, located on Highway

71. Rushing River offers campsites, as well as a variety of outdoor activities to do including hiking trails, guided walks, water activities, other special events and more!



**Mink Bay Trail—Keewatin**

The Mink Bay Trail is a hiking and walking trail through Keewatin, which is a beautiful area in the west end of Kenora. The Keewatin area is also known as the earliest settled community in Kenora. The Mink Bay trail takes you through wetlands and wilderness of Mink and Portage Bays, through the

downtown Keewatin community, and to Keewatin beach.

Minaki Yurt Adventures is located in Minaki, approximately 45 km north on Highway 596. Minaki Yurt Adventures offers an extensive trail system, where you can enjoy hiking, mountain biking, rock climbing, and much more. Visit [www.minaki.ca](http://www.minaki.ca) for more information on what they offer!

For trail guides, and additional information on trails in and around the Kenora area, visit us at the Kenora Travel Centre, or call Tourism Kenora at (807) 467-4637.